

Coach and Facilitator

Kim Goodwin, MS, SHRM-CP

A trusted partner and advisor to leaders and teams



Kim is an energetic organizational ‘changer, builder and fixer’ with broad industry, functional and consulting experience. Her passion is to enable people, processes, and technology to achieve the organization’s vision. This requires leaders and teams to ‘be all they can be’ by unleashing their skills in ways that are only possible through a neuroscience-based coaching approach.

Areas of expertise/Certifications

Executive coaching

- Applied-neuroscience coaching certification
- 360 Degree Feedback Assessment
- Myers Briggs Type Assessment
- DiSC Behavioral Assessment
- Emotional Intelligence (EQi) Assessment

Team coaching and facilitation

- Strengths
- Five Behaviors/Team assessment
- Change Management/Leadership
- Strategic Planning
- Facilitation and training

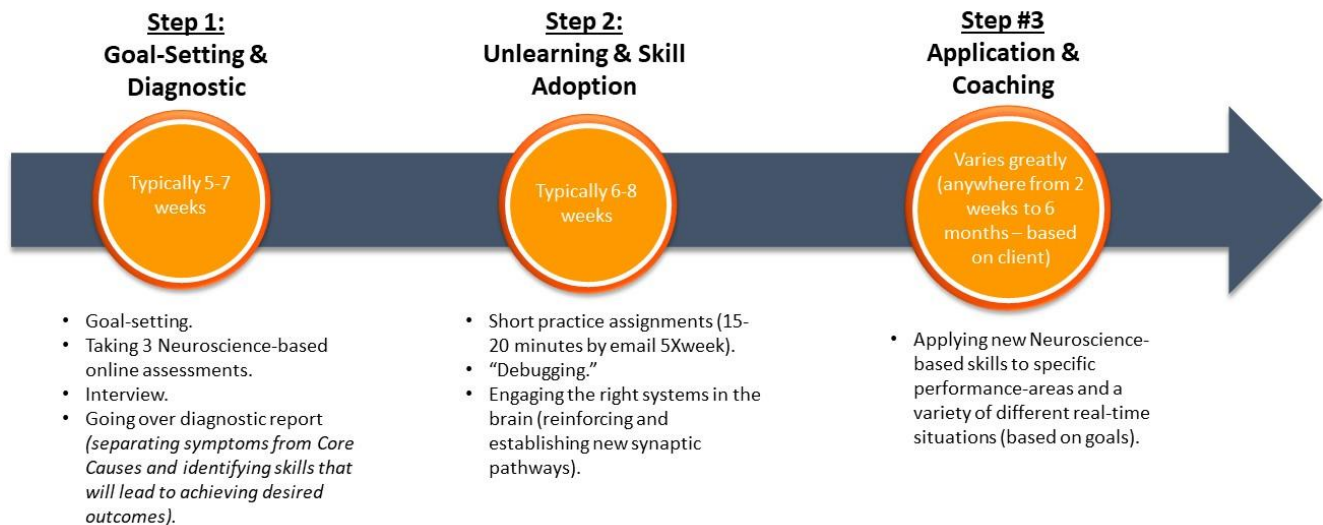
Differentiators

I am committed to delivering the best coaching and team development so my clients can achieve significant business results. I provide customized solutions that provide an innovative, relevant, fun, and timely solution. By strategically looking at the whole landscape and designing the appropriate solution, I help leaders set the path for further growth. I have 20+ years of internal and external organizational effectiveness experience.

Industries

- Financial services
- Aerospace and defense
- Energy
- Pharmaceuticals
- Consumer Packaged Goods
- Manufacturing
- Non-profit
- Utilities
- Government
- Food and agriculture

Coaching approach (Individual development)



My approach is unique and transformational. It’s based on the proprietary science from the Key Change Institute (KCI). We start by focusing on the leader’s goals and then dig deep to uncover what’s required to achieve those goals. By working through pre-existing patterns, I help the leader to acquire these new change readiness skills. Finally, I enable the leader to transform by adopting these new skills through targeted coaching.

The range of benefits

Whether you are a new leader or a seasoned leader, corporate or a consultant, you can unleash the readiness skills within you to achieve your goals. These are deep goals that have positive impacts across your whole life once you achieve them. At the team level, get ready to leverage the power of your team through targeted interventions based on your team’s unique needs.



Contact

Kim Goodwin
Goodwin Solutions, LLC
Phone: 203-788-9351
Company status: Women-owned small business

Email: goodwinsolutionsct@gmail.com
Website: <https://www.goodwinsolutionsct.com/>
LinkedIn: <https://www.linkedin.com/in/kimkgoodwin/>